

# Personality Growth Blueprint

Cycle 2 · For Aanya's family · Grade 5-A

## 1 · Who Aanya is

A quiet noticer with a strong sense of fair. She warms up slowly, then leads with the question no one else was brave enough to ask. When a group loses focus, she is often the one who gently steers it back.

WHEN I GROW UP

*“I want to be a doctor for animals, but only the shy ones.”*

## 2 · Wiring — Jan vs today

|                    |                              |                   |
|--------------------|------------------------------|-------------------|
| Reflector »        | Quiet thinker → Voices ideas | Jan 28 → Today 58 |
| Bridge-builder     | Solo → Includes others       | Jan 62 → Today 72 |
| Try-again spirit » | Gives up → Persists          | Jan 40 → Today 66 |
| Focus              | Distracted → Locked in       | Jan 55 → Today 60 |

## 3 · Natural strength — The Bridge-Builder

When two classmates fell out over a game, Aanya sat between them until both were laughing again. This shows up when new pairings happen in group work, and at recess when a disagreement starts.

- Ask her to buddy a new student for a week.
- At home, let her mediate a small family decision.

## 4 · Growth muscle — Speaking up early

Aanya waits until she is certain before she speaks. When teachers move fast, her best ideas arrive after the moment has passed. Small, private invitations to share early — before the group answer forms — help most.

| DO                                                                                                                                                                                                                | DON'T                                                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>• Ask “what do you notice?” before “what's the answer?”</li><li>• Give her 10 quiet seconds after every question.</li><li>• Celebrate half-formed ideas out loud.</li></ul> | <ul style="list-style-type: none"><li>• Don't compare her volume to a louder sibling.</li><li>• Don't rush her with “come on, quickly!”</li><li>• Don't answer for her when adults are around.</li></ul> |

## 5 · How the score is made

Each dimension combines what Aanya said about herself, what her class teacher observed, and what other subject teachers noticed. Rubric-based scoring keeps the language consistent across cycles so

growth over time is comparable — not a snapshot judgment.